Random Acts of Kindness

* Hold the door for someone.
* Let someone go in front of you in line.
* Leave extra change in the vending machine.
* Say good morning to your teachers and bus drivers. On Fridays wish them a good weekend.
* Pick up litter around school and on the bus.
* Stand up for those who are being bullied.
* Clean up after your classmates.
* Send a note of appreciation.
* Forgive someone.
* Cheer on a teammate or classmate.
* Be generous with compliments.
* Call a grandparent.
* Send an email to someone to show your appreciation or thanks.
* Use your manners. Say please, thank you and excuse me.
* Give a compliment. It only takes one sentence.
* Help your younger brother or sister with homework.
* Drop off old books to your local library or children’s hospital.
* Help someone in need with their packages or their cart at the supermarket.
* Help around the house without being asked to do so.
* Organize the clothes you don’t wear anymore and donate them.
* Shovel an elderly or handicapped neighbor’s driveway when it snows.
* Do something, find a cause that matters to you and read what you can do to help.
* Hug your parents.
* Bring flowers to someone.
* Spend time with a friend.
* Collect and donate food to your local food bank.
* Babysit for free.
* Smile at 10 strangers.
* Clean up your room.
* Volunteer with an organization.
* Bring a treat to your neighbor.
* Send a handmade card to someone.